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ACTIVE HOLYDAYS IN PREMANTURA

Workshop – Medicinal and eatable plants of Kamenjak

INTRODUCTION:

The basics of modern medicine and pharmacy could be found in nature, especially on Kamenjak where more than 250 species of such herbs could be found. This workshop offers a possibility to learn how to distinguish medicine plants of Kamenjak, to collect some of them and find out interesting and hidden sides of Kamenjak.

Workshop activities:

08:00 Meeting in the House of nature in Premantura (next to the church tower), registrating participants

08:10 Presentation about field activities, definition of workshop

08:30 Field trip with a guide (searching for medicinal plants, collecting samples)

10:00 Return in the House of nature and plant pressure workshop

10:30 End of the workshop – every participant gets a poster of Kamenjak

Time: Wednesday

Price: 50 kn (7 euro)

The price includes the inshurance of participants and a poster.

How to participate: [contact us via email or phone / House of nature in Premantura.](#)

Everybody can participate!

Workshop is especially appropriate for pupils and students because of school topics integration.

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